



NIAGARA CATHOLIC
DISTRICT SCHOOL BOARD



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MAY 2024

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PRINCIPAL'S MESSAGE

MAY- A Mission of Peace

"Peace begins with a smile."

St. Teresa of Calcutta

This month, we focus on being disciples rooted in peace. Peace can be found in God's creation, in the example of others, and most importantly, it can be found within ourselves. This month, we also recognize Mental Health week, and peace and mental wellness go hand in hand. Have you ever noticed that it is harder to see peace anywhere else when your own spirit is troubled? This is why St. Teresa of Calcutta reminds us that "peace begins with a smile." We may not be able to calm the storm around us, but if we pray for peace in our hearts - even on the toughest days - God will grant it to us. May we pray for peace first within ourselves so that we can truly smile with the light of Christ and share peace with those around us.



A BIG THANK YOU



Thank you Delta Bingo & bingo volunteers! Proceeds go directly to school activities, transportation and technology!



NO SCHOOL

Monday May 22, 2023 is Victoria Day
Enjoy the holiday with your family



HOT LUNCHES IN MAY

Thursday May 2nd - Chicken Day
Thursday May 16th - Sub Day
Thursday May 23rd - Waffle Day
Thursday May 30th - Pizza Day



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Niagara Catholic District School Board
CATHOLIC EDUCATION & MENTAL HEALTH
WEEK PLANNER 2024
Theme: *We Are Called to Love*



NAME OF SCHOOL:

St. George Catholic School	Catholic Education Week	Mental Health Week
Sunday May 5th	St. George Church 10:00 am.	
Monday May 6th <i>As people of hope</i>	<p>St. George Catholic School FAITH & WELLNESS FAIR</p> <p>Students and parents visit various faith and wellness activity stations lead by Grade 8s and Community Partners</p> <p>9:30 am. - 3:30 Gymnasium</p> <p>*Daily CEW Prayers & K-8 lessons from the CEW Resource Kit</p>	<p>Mindfulness Through The ARTS</p> <p>Students explore Wellness in various Art Forms Mental Health Poster Contest lead by CYW this week.</p> <p>*Daily CEW Prayers & K-8 lessons from the CEW Resource Kit</p>
Tuesday May 7th <i>As people of faith</i>	<p>FAITH In The Arts -Days 1 & 2</p> <p>Students explore our Catholic Faith in various Art forms.</p>	<p>Mindfulness Though The ARTS</p> <p>Students explore Wellness in various Art Forms</p>
Wednesday May 8th <i>As people of mercy</i>	<p>Guest Presenter Unstoppable Tracy School Wide presentation Parents welcome to attend. 9:30 a.m. Gymnasium</p> <p>CATCH THE SPIRIT CELEBRATION BROCK UNIVERSITY - CONGRATULATIONS TO Grade 8 Student - Mofetoluwa Olowoyeye</p> <p>Flag Football Tournament</p>	<p>Mindfulness Focus Unconditional Love</p> <p>St. George Student Accessibility TEAM - Leads Interactive Class Presentations</p>
Thursday May 9th <i>As people of justice</i>	<p>Exploring Friendships though Books during library periods this week.</p>	<p>Mindfulness though Friendships</p> <p>Kindness Project students take ownership and create a kindness project for their classrooms.</p>
Friday May 9th <i>As people of joy</i>	<p>School Wide Prayer Service</p> <p>Lead by St. George ECO TEAM & Student Senators 12:00 pm.</p> <p>School Gym - Parents welcome</p>	<p>FAITH BUDDIES</p> <p>Outdoor Education - Seeing God Around Us. Faith Buddies participate in God Walks inside and outside on the school grounds. Seeking joy in our surroundings.</p>

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